## Meal Plan - Nursery to Class II

## **Dear Parent**

Here is the menu for the month of June to August 2018. Please follow it from 11.06.2018 to 31.08.2018

MONDAY Recess Cucumber Sticks or a fruit

Lunch Poori Bhaji OR Roti Sabji

TUESDAY Recess Nuts or some fritters

Lunch Noodles with vegetables OR Poha

WEDNESDAY Recess Fruit salad or salad

Lunch Upma OR Idli OR Dhokla

THURSDAY Recess Cookies

Lunch Cucumber Sandwich OR Homemade

Burger OR Egg Sandwich

FRIDAY Recess Seasonal Fruit

Lunch Any stuffed Paratha OR Aloo Tikki