

Circular No.01/2019-20

## Meal Plan – Nursery to Class II

Dear Parent

Here is the menu for the month of April, June & July 2019. Please follow it from 04.04.2019 to 31.07.2019

MONDAY	Recess	Cucumber Sticks or a fruit
	Lunch	Poori Bhaji OR Roti Sabji
TUESDAY	Recess	Nuts or some fritters
	Lunch	Noodles with vegetables OR Poha
WEDNESDAY	Recess	Fruit salad or salad
	Lunch	Upma OR Idli OR Dhokla
THURSDAY	Recess	Cookies
	Lunch	Cucumber Sandwich OR Homemade Burger OR Egg Sandwich
FRIDAY	Recess	Seasonal Fruit
	Lunch	Any stuffed Paratha OR Aloo Tikki